

Our place intention

Our place intention is to collaborate better, integrate further, and redesign and deliver services to match population need, through our place board, and seek delegated functions over time from the ICB in alignment with the ICS strategy. Through citizen, sector and stakeholder co-production work we have developed a York ['Prospectus'](#), our preliminary statement which describes the state of our system in 2022, the changes we are currently putting in place, and what people have told us they would like to see in future years.

Our health needs

We have identified our health needs through our [Joint Strategic Needs Assessment](#), and our plan to tackle them is contained in a new, ambitious 10 year [Health and Wellbeing Strategy](#) which is one of three new 10 year city strategies, along with Economic and Climate Change Strategies. This sets the outcomes the place board will work to achieve.

Preventable ill-health 1 in 10 smoke 2 in 3 adults overweight or obese 1 in 7 live with depression	Widening inequality gaps Healthy Life Expectancy Health of those with a learning disability School readiness	York's 'red flags' Alcohol consumption/admissions, multiple complex needs, drug related death, student health
Economic factors Lower than average income 10% of children living in poverty Housing affordability gap	Changing Demographics Aging & growing population 4% ↑ hospital use (annual), 10% social care, 2.5% ↑ in GP (over 5yrs)	Mental Health u18s admissions for mental health need High prevalence of common MH illness High suicide and self-harm rate

Our outcomes and first year actions

- Lead the health and care sector response to the 3 city strategies, including the 6 ambitions of the Health and Wellbeing Strategy:
 1. Become a health-generating city
 2. Make good health more equal across the city
 3. Prevent now to avoid later harm
 4. Start good health and wellbeing young
 5. Work to make York a mentally healthy city
 6. Build a collaborative health and care system
- Strengthen the foundations and governance of our place, streamline workstreams and build a fit-for-purpose partnership model
- Join up the health and care research and innovation potential in York
- Model behaviours agreed in our 'Charter', improving cultural values
- Develop our co production approach to decision-making
- Produce a realistic future workforce strategy for the city based on the concept of a York 'health and care team'
- Key service redesign areas, including:
 - community services, including 0-19 services
 - neighbourhood team work in primary care
 - virtual wards and hospital avoidance
 - community Mental Health transformation / hubs

Our system strengths and challenges

Strengths for health and care in York



Improved links between primary care and wider social interventions, e.g. through social prescribing	Many wonderful NHS and care staff , and commitment shown in e.g. the vaccination rollout	An abundance of health assets – green space, access to culture and heritage, community venues
An emerging aligned set of prevention services / practitioner networks	Research and innovation – the potential from clinical trials and operational insight	Use of technology to enable care and improve ways of getting help (but guard against digital exclusion)
The depth and togetherness of the voluntary sector	The power of involvement – seen in several 'coproduced' initiatives	Geography, in terms of our aligned providers, VCSE and council

Challenges for health and care in York



An overstretched, tired and burdened workforce where morale is low	Demand for healthcare seems to only ever head in one direction (upwards)	People often report ending up in the wrong place for too long, be it a hospital bed or the wrong service	A challenging financial situation for all providers of care in York
Limited resilience in a number of smaller voluntary sector organisations	The long shadow and collective trauma of COVID	A reversal of inequality gains - people in poorer parts of York are dying earlier than they should	Access issues to several services, including urgent care, primary care and dentistry
Huge backlogs in care and long waits, across hospital care but also GP, community and social care.	A young people's mental health crisis , apparent even before the pandemic made it worse	A ' crisis management ', system, not a 'preventative' system	Labyrinth systems – people feel they bounce from one gatekeeper to another

Our framework for a health generating city



GROW
the things which keep us healthy



ACT
early and prevent ill health



CARE
with compassion and quality



CONNECT
things into one York team